

VYTAL CREATINE MONOHYDRATE



100% pure Creatine monohydrate. Increase strength, recovery from exercise and muscle mass.

RRP: £24.99 (1 Kg)

Also Available in 500g for £14.99

Ingredients:

100% Creatine Monohydrate

Our Price:

£23.99

Directions for use:

Loading Period, take 4 level teaspoons throughout the day for 5 days.

Maintenance Period, take 1-2 level teaspoons per day.

For the perfect after workout drink we recommend you take your creatine mixed with a Vytal protein drink.

To Order, Call:

01442 264344

or visit our gym