

VYTAL FAT BURNING STACK

1 x Vytal Hydroxy Fat Burners 120 Caps

1 x Vytal Whey Premium Protein 1Kg

1 x Vytal Full Spectrum Amino Acids 100 Caps

Our Price:

£55.99

RRP:

£71.97

To Order, Call:

01442 264344

or visit our gym



VYTAL HYDROXY FAT BURNERS

Vytal Nutrition has produced a safe and effective natural fat burner that works by preventing the conversion of carbohydrates to fats and uses them as fuel during exercise.

RRP: £24.99 (120 capsules)

Using Vytal fat burners one hour before exercise will not only burn more body fat but will also act as an energy stimulant, maintain muscle tissue and suppress appetite.

Ingredients Per Capsule:

Garcinia Cambogia 500mg (a source of Hydroxy Citric Acid)

Guarana 200mg

L-Carnitine- L-Tartrate 50mg

Capsule Gelatin 100mg

Directions for use:

Take two capsules throughout the day.

For best results combine with Vytal protein and take either before meals or before exercise and follow a healthy eating and exercise plan.



VYTAL WHEY PREMIUM PROTEIN

Vytal Nutrition has produced the ultimate high protein, low carb and low fat muscle building shake. Easy mixing, great tasting and gentle on the stomach, Vytal protein is available in four mouth watering flavours, Strawberry, Chocolate, Vanilla and Banana.

RRP:

£21.99 (40 servings - 1Kg)

£44.99 (100 servings - 2.5KG)

Using a shake for breakfast and lunch and eating a healthy evening meal will help contribute weight loss by feeding the body, starving the fat and increasing metabolism. Also taken just before and after exercise will build a leaner and stronger physique and optimise recovery.

Ingredients:

Cross Flow (microfiltered) Whey protein isolates (partially pre digested)

Pea Protein Isolate

Flavour (nature identical)

Sweetener (cyclamate)

Each serving gives you 21 grams of protein

Nutrition Breakdown Per 100g:

Protein 85g

Carbohydrates 6.5g

(of which are sugars) 0.9g

Fat 1.4g

(of which saturates) 0.9g

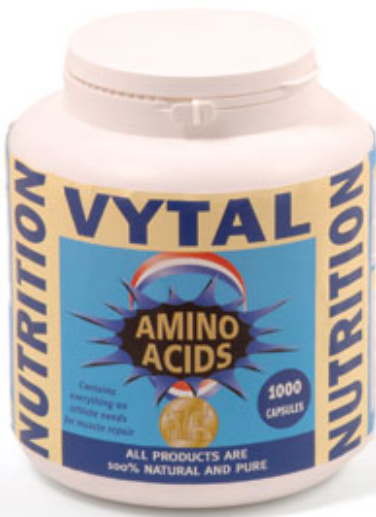
Fibre 0.9g

Sodium 0.05g

Energy 380Kcals

Directions for use:

Add 4 heaped spoons to 250ml of milk or water. Use a blender or shaker for a creamier drink.



FULL SPECTRUM AMINO ACIDS

Vytal Nutrition has Specially formulated and scientifically balanced their full spectrum of amino acids for body builders, power lifters and professional athletes. This formula contains a balanced blend of ultrafast digesting amino acids to your muscles, to support muscle growth after training. Amino acids are also vital to reduce muscle breakdown after and during intense training.

1,000/ 300mg capsules.

Vegetable capsule

RRP: £24.99 (1000 capsules)

Vytal aminos contain 18 different Amino Acids covering all your essentials plus all your branch chain amino-acids and all your growth hormone and Glutamine. Take aminos with your carbohydrate drink to accelerate glycogen storage and increase rapid recovery after intense training.

Directions: Take ten capsules throughout the day, or as personally required.

Ingredients per 30mg cap:

Total fat >0mg
Saturated fat >0mg
Cholesterol 0mg
Sodium 0.66mg
Total carbs 4.7mg
Dietary fibre 0mg
Sugars 4.7mg
Protein 225mg
Vitamin A <2%
Vitamin C <2%
Calcium 16%
Iron 2%
Vitamin B6 Trace
Taurine 4.7mg

Other ingredients Silicone Dioxide

L-Alanine 14.7mg
L-Arginine 6.0mg
L-Aspartic Acid 32.7mg
L-Cystine 8.1mg
L-Glutamic Acid 32.7mg
L-Glycine 5.1mg
L-Histidine 5.1mg
L-Isoleucine 18.3mg
L-Leucine 28.8mg
L-Lysine 27.3mg
L-Methionine 5.4mg
L-Phenylalanine 9.0mg
L-Proline 17.4mg
L-Serine 14.1mg
L-Threonine 23.4mg
L-Tryptophan+ 5.7mg
L-Tyrosine 9.6mg
L-Valine 15.3mg

+ Naturally occurring amino acid found in protein