

## ***VYTAL THREE MONTHS HEALTH STACK***

***3 x Vytal Joint And Liver Care 300 Caps***

***3 x Vytal Multi Vitamins And Minerals 90 Caps***

***1 x Vytal Digestive Enzymes 500 Caps***

Our Price:

**£79.99**

RRP:

**£90.93**

To Order, Call:

**01442 264344**

or visit our gym



## ***VYTAL JOINT AND LIVER CARE***

Vytal has put four of the world's best ingredients together to produce a formula that help to reduce inflammation and repair injuries. Glucosamine which aids the synthesis of connective tissue, Chondroitin which lubricates the joints and supports the repair of connective tissue, MSM which inhibits the cause of pain and inflammation and Yucca a plant that the native Indians revered to guarantee their health survival as a successful treatment for arthritis and to help reduce inflammation and joint pain This a perfect supplement to maintain healthy joints, stimulate cartilage repair and help improve joint viscosity.

**RRP: £12.99 (100 capsules)**

### **Ingredients per capsule:**

Glucosamine Sulphate 2kSL – 350mg  
Chondroitin Sulphate complex – 100mg  
Yucca Powder – 125gm  
M.S.M – 100gm  
Magnesium Stearate, Vegi capsule

### **Directions for use:**

Take two capsules twice per day.

Used to help with joint pain, connective tissue repair, tendon and ligament health associated with exercise and osteoarthritis and rheumatism from everyday activities.



## **VYtal MULTI-VITAMINS AND MINERAL**

Vytal Nutrition has carefully designed this supplement to be high in probiotics and Vitamin C and enriched with a full spectrum of other vitamins, minerals, Aloe Vera and Folic Acid.

Capsule made from vegetable base.

**RRP: £3.99 (30 capsules)**

Vytal multi vitamins are essential to support the mental and physical health and well-being of anyone training, working or dieting hard.

### **Ingredients per capsule:**

Betacarotene (Dunaliella Salina Algae) 1mg  
Vitamin A (Acetate) 75iu  
Acidophilus Lactobacillus 25mg  
Aloe Vera Powder (200 x Concentrate) 2mg  
Atriplex Halimus 10mg  
Thiamine HCL (Vitamin B1) 10mg  
Cyanocobalamin (Vitamin B12) 10mcg  
Riboflavin (Vitamin B12) 10mg  
Nicotinamide (Vitamin B3) 10mg  
Calcium Pantothenic Acid (Vitamin B5) 50mg  
Pyridoxine HCL (Vitamin B6) 10mg  
Citrus Bioflavonoids 25mg  
Biotin 300mcg  
Asorbic Acid (Vitamin C) 250mg  
Calcuim (Amino Acid Chelate) 5mg  
Choline Bitartrate 10mg  
Folacin (Folic Acid) 10mcg  
Inositol 10mg

Iron (Amino Acid Chelate) 2mg  
Magnesium (Amino Acid Chelate) 5mg  
Manganese (Gluconate) 2mg  
PABA 5mg  
Potassium (Citrate) 2mg  
Selenium (Methionine) 10mcg  
Zinc (Citrate) 10mg  
Chromium (Polynicotinate) 25mcg  
Vitamin E1210 (Natural) 25mg  
Vitamin D2 200iu  
Capsule (Vegetable Cellulose) 100mg

### **Directions for use:**

Take one capsule daily.



# ***VYTAL DIGESTIVE ENZYMES***

Vytal Nutrition have put together five of the most important digestive enzymes to produce the ultimate combination which will break down all your nutritional foods and help you to absorb more protein to increase muscle mass and performance and help your body to burn more body fat when followed with a healthy diet.

Digestive enzymes: Protease, Papain, Lipase, Amylase, Bromelain

**RRP: £38.99 (500 capsules)**

Vytal enzymes are great for anybody who has problems digesting their food, has a high protein diet or wants to improve their immune system.

## **Ingredients per capsule:**

Protease 100gm – LU/unit/mg  
Bromelain 100gm – 200GDU/g  
Lipase 100,000 LU/units/mg  
Amylase 50,000 SKB/units/mg  
Papain 2,000 USP/units/mg  
Dicalcium Phosphate  
Microcrystalline cellulose

## **Directions for use:**

Take one capsule with each meal