

VYTAL LOW FAT MUSCLE BUILDING STACK

1 x Vytal Whey Premium Protein 1Kg

1 x Vytal Hydroxy Fat Burners 120 Caps

1 x Vytal Super Strength Testosterone Boosters 200 Caps

1 x Vytal Growth Hormone releasers 100 Caps

Our Price:

£89.99

RRP:

£101.96

To Order, Call:

01442 264344

or visit our gym



VYTAL WHEY PREMIUM PROTEIN

Vytal Nutrition has produced the ultimate high protein, low carb and low fat muscle building shake. Easy mixing, great tasting and gentle on the stomach, Vytal protein is available in four mouth watering flavours, Strawberry, Chocolate, Vanilla and Banana.

RRP: £21.99 (40 servings - 1Kg)

Using a shake for breakfast and lunch and eating a healthy evening meal will help contribute weight loss by feeding the body, starving the fat and increasing metabolism. Also taken just before and after exercise will build a leaner and stronger physique and optimise recovery.

Ingredients:

Cross Flow (microfiltered) Whey protein isolates (partially pre digested)

Pea Protein Isolate

Flavour (nature identical)

Sweetener (cyclamate)

Each serving gives you 21 grams of protein

Nutrition Breakdown Per 100g:

Protein 85g

Carbohydrates 6.5g

(of which are sugars) 0.9g

Fat 1.4g

(of which saturates) 0.9g

Fibre 0.9g

Sodium 0.05g

Energy 380Kcals

Directions for use:

Add 4 heaped spoons to 250ml of milk or water. Use a blender or shaker for a creamier drink.



VYTAL HYDROXY FAT BURNERS

Vytal Nutrition has produced a safe and effective natural fat burner that works by preventing the conversion of carbohydrates to fats and uses them as fuel during exercise.

RRP: £24.99 (120 capsules)

Using Vytal fat burners one hour before exercise will not only burn more body fat but will also act as an energy stimulate, maintain muscle tissue and suppress appetite.

Ingredients Per Capsule:

Garcinia Cambogia 500mg (a source of Hydroxy Citric Acid)

Guarana 200mg

L-Carnitine- L-Tartrate 50mg

Capsule Gelatin 100mg

Directions for use:

Take two capsules throughout the day.

For best results combine with Vytal protein and take either before meals or before exercise and follow a healthy eating and exercise plan.



VYTAL SUPER STRENGTH TESTOSTERONE BOOSTERS

Vytal Nutrition has produced the strongest natural testosterone booster on the market. Each capsule contains 500mg of 80% proof pure tribulus. The properties of this potent herb have been and used for thousands of years by Chinese and Indian healers to stimulate testosterone in men and estrogen in women. Testosterone plays a vital role in muscle growth and is traditionally seen as youth and vitality. Since estrogen levels in women may be boosted by tribulus it is being promoted as a treatment for menopausal symptoms such as hot flushes and fatigue.

RRP: £34.99 (200 capsules)

For best results combine with Vytal whey protein and follow a good training programme.

Ingredients per capsule:

Tribulus Terrestris 500mg
Magnesium Stearate 5mg
Vegetable capsule

Directions for use:

Take 2 capsules first thing in the morning. Take 2 capsules last thing at night. Serious trainers can take 2 added capsules 1 hour before training.

VYTAL GROWTH HORMONE RELEASERS



Vytal Nutrition has produced a safe, natural and very effective anti-ageing formula. This product works by stimulating the pituitary gland to secrete more of the body's own growth hormone. Human Growth Hormone promotes tissue repair, cell regeneration in the bones, muscles and vital organs, and supports the immune system in combating infection and disease. As we age, our HGH levels decline to a fraction of the levels of our youth. Many in modern medicine believe that supplementing our diets with HGH is an effective way to avoid the diseases and conditions associated with aging and improve vitality and appearance.

RRP: £19.99 (100 capsules)

Ingredients per capsule:

375mg L-Arginine
375mg L-Lysine +
Vegetable capsule

Directions for use:

Take 4 capsules at any one time, either 1 hour before bed or exercise, or on awakening, or at all three of these times.

Vytal growth hormone is formulated to increase the body's natural production of HGH to maximise health and fitness without the use of prescription drugs