

## VYTAL MULTI-VITAMINS & MINERALS



Vytal Nutrition has carefully designed this supplement to be high in probiotics and Vitamin C and enriched with a full spectrum of other vitamins, minerals, Aloe Vera and Folic Acid.

Capsule made from vegetable base.

**RRP: £3.99 (30 capsules)**

Vytal multi vitamins are essential to support the mental and physical health and well-being of anyone training, working or dieting hard.

Our Price:

**£2.99**

To Order, Call:

**01442 264344**

or visit our gym

### Ingredients per capsule:

Betacarotene (Dunaliella Salina Algae) 1mg  
Vitamin A (Acetate) 75iu  
Acidophilus Lactobacillus 25mg  
Aloe Vera Powder (200 x Concentrate) 2mg  
Atriplex Halimus 10mg  
Thiamine HCL (Vitamin B1) 10mg  
Cyanocobalamin (Vitamin B12) 10mcg  
Riboflavin (Vitamin B2) 10mg  
Nicotinamide (Vitamin B3) 10mg  
Calcium Pantothenic Acid (Vitamin B5) 50mg  
Pyridoxine HCL (Vitamin B6) 10mg  
Citrus Bioflavonoids 25mg  
Biotin 300mcg  
Asorbic Acid (Vitamin C) 250mg  
Calcium (Amino Acid Chelate) 5mg  
Choline Bitartrate 10mg  
Folacin (Folic Acid) 10mcg  
Inositol 10mg

Iron (Amino Acid Chelate) 2mg  
Magnesium (Amino Acid Chelate) 5mg  
Manganese (Gluconate) 2mg  
PABA 5mg  
Potassium (Citrate) 2mg  
Selenium (Methionine) 10mcg  
Zinc (Citrate) 10mg  
Chromium (Polynicotinate) 25mcg  
Vitamin E1210 (Natural) 25mg  
Vitamin D2 200iu  
Capsule (Vegetable Cellulose) 100mg

### Directions for use:

Take one capsule daily.