

## ***VYTAL WHEY MUSCLE BUILDER***



Our Price:

**£18.99**

To Order, Call:  
**01442 264344**

or visit our gym

Vytal Nutrition has produced a superior high protein, high carbohydrate and low fat weight gainers shake. Easy mixing, great tasting and gentle on the stomach, Vytal muscle builder is available in four mouth watering flavours, Strawberry, Chocolate, Vanilla and Banana.

**RRP: £19.99 (1.4 Kg)**

If you are underweight and having trouble gaining muscular bodyweight Vytal muscle builder is what you need. Using a shake between meals and after weight lifting workouts will increase muscle mass, strength, performance and recovery. Rich in branched chain amino acids, slow release carbs and using a combination of fast and slow acting proteins, it has all the nutrients to kick start your metabolism into new muscular growth.

### **Ingredients:**

Ion exchange microfiltered Whey Protein Isolate  
Egg Albumen Powder  
Maltodextrin  
Creatine  
Branched Chain Amino Acids (L-leucine, L-isoleucine, L-valine)  
Flavour (nature identical)  
Colour (carmoisine)

### **Nutrition Breakdown (dry Basis) Per 100g:**

Protein 35.5g  
Fat 4g  
Carbohydrates 50g  
Energy Kilocalories 369Kcal

Each serving contains 3g of creatine

### **Directions for use:**

Add 4 heaped dessert spoons (50g) to 1 pint (568ml) of milk or water. Mix thoroughly and enjoy.