

VYTAL WHEY PREMIUM PROTEIN



Our Price:

£20.99

To Order, Call:

01442 264344

or visit our gym

Vytal Nutrition has produced the ultimate high protein, low carb and low fat muscle building shake. Easy mixing, great tasting and gentle on the stomach, Vytal protein is available in four mouth watering flavours, Strawberry, Chocolate, Vanilla and Banana.

RRP:

£21.99 (40 servings - 1Kg)

£44.99 (100 servings - 2.5KG)

Using a shake for breakfast and lunch and eating a healthy evening meal will help contribute weight loss by feeding the body, starving the fat and increasing metabolism. Also taken just before and after exercise will build a leaner and stronger physique and optimise recovery.

Ingredients:

Cross Flow (microfiltered) Whey protein isolates (partially pre digested)
Pea Protein Isolate
Flavour (nature identical)
Sweetener (cyclamate)

Each serving gives you 21 grams of protein

Nutrition Breakdown Per 100g:

Protein 85g
Carbohydrates 6.5g
(of which are sugars) 0.9g
Fat 1.4g
(of which saturates) 0.9g
Fibre 0.9g
Sodium 0.05g
Energy 380Kcals

Directions for use:

Add 4 heaped spoons to 250ml of milk or water. Use a blender or shaker for a creamier drink.