

VYTAL WEIGHT GAIN STACK-SMALL

1 x Vytal Whey Muscle Builder 1.4Kg

1 x Vytal Creatine Monohydrate 500g

Our Price:

£29.99

RRP:

£34.98

To Order, Call:
01442 264344

or visit our gym



VYTAL WHEY MUSCLE BUILDER

Vytal Nutrition has produced a superior high protein, high carbohydrate and low fat weight gainers shake. Easy mixing, great tasting and gentle on the stomach, Vytal muscle builder is available in four mouth watering flavours, Strawberry, Chocolate, Vanilla and Banana.

RRP: £19.99 (1.4Kg)

If you are underweight and having trouble gaining muscular bodyweight Vytal muscle builder is what you need. Using a shake between meals and after weight lifting workouts will increase muscle mass, strength, performance and recovery. Rich in branched chain amino acids, slow release carbs and using a combination of fast and slow acting proteins, it has all the nutrients to kick start your metabolism into new muscular growth.

Ingredients:

Ion exchange microfiltered Whey Protein Isolate
Egg Albumen Powder
Maltodextrin
Creatine
Branched Chain Amino Acids (L-leucine, L-isoleucine, L-valine)
Flavour (nature identical)
Colour (carmoisine)

Nutrition Breakdown (dry Basis) Per 100g:

Protein 35.5g
Fat 4g
Carbohydrates 50g
Energy Kilocalories 369Kcal
Each serving contains 3g of creatine

Directions for use:

Add 4 heaped dessert spoons (50g) to 1 pint (568ml) of milk or water. Mix thoroughly and enjoy.



VYTAL CREATINE MONOHYDRATE

100% pure Creatine monohydrate. Increase strength, recovery from exercise and muscle mass.

RRP: £14.99 (500g)

Ingredients:

100% Creatine Monohydrate

Directions for use:

Loading Period, take 4 level teaspoons throughout the day for 5 days.

Maintenance Period, take 1-2 level teaspoons per day.

For the perfect after workout drink we recommend you take your creatine mixed with a Vytal protein drink.